



## WFCF Farm Friends Newsletter November 2024



### JOIN US THIS THURSDAY NIGHT! Pot Luck & Annual Meeting

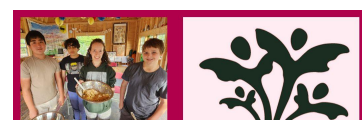
**Thurs. Nov 7**  
**Community Potluck 5:30-6:30pm**  
**Business meeting 6:30-7:30 pm**

Location: Girls Scouts of Eastern Massachusetts  
 265 Beaver St. 02452  
 Cow Barn Function Hall  
*please enter on Beaver St.; follow posted signs*

Family friendly activity planned as well!  
 Please bring a supper dish to share; labelled with your  
 name & ingredients.  
 WFCF will provide assorted breads, plates, cutlery, &  
 cider.

### November & December Educational Programs and Workshops

Learning takes place all year round, both indoors and outdoors, at WFCF! Please join us  
 for our wonderful, seasonal programs for youth, adults, and families!





Wednesdays 10 - 11 a.m.  
September & October

**Little Sprouts**

Caregiver & me program for toddlers and their families



SEPTEMBER & OCTOBER  
3:30-5 P.M.  
W/ A NEW 5:30PM  
EXTENDED PICK-UP OPTION

**After School**

Out-of-school-time program for 1st-8th grade learners



2024  
**WFCF Teen Corps**

**Teen Corp**

For teens aged 13 - 17



Saturday, 11/09  
1:30-4 p.m. / \$60 pp  
Family tickets available

**Felting Fall**

w/ Ms. Jess & the Rabbits  
Learn about felting wool & create fall delights using both wet felting and needle felting techniques in the company of the fiber rabbits.

**Sat Nov 9**

**Felting Fall with Ms. Jess and the Rabbits**

Nov 9 | 1:30- 4pm | \$60/ person, felting kit included.



**NATURAL WREATH MAKING**  
*On the Farm!*

SATURDAY DECEMBER 7, 2024  
10:00 AM - 12:00 PM  
OR  
1:30 PM - 3:30 PM  
\$55 PER PERSON

**Sat. Dec 7**

**Natural Wreath Making on the Farm**

choose morning 10am-12pm or afternoon 1:30-3:30 pm. In the new greenhouse!



Rabbit Hosted  
Horchata & Hot Chocolate  
Saturday, December 14  
12:30 - 2:30 p.m. \$25. per person

**Sat. Dec 14**

**Rabbit Hosted Horchata & Hot Chocolate**

12:30-2:30pm | \$25/person; Family tickets available. In the new greenhouse!



**Fall Bounty Share**

**Farm Stand Hours**

Saturdays through November  
10am-2pm

The Farm Stand is open for shopping on Saturdays through November, stop by between 10am-2pm to shop local produce, cheese, meats, and pantry items. We will have a selection of winter squash available through the month.

**Fall Bounty, Extended Season, &**



## Thanksgiving Shares

Three options to eat and support local this Fall!

**Register for our Extended Season CSA:** 3 dates to visit the farm and pick up fall and winter favorites, including winter greens, cabbage, onions, leeks, carrots, turnips, sweet potatoes, and other storage crops. We think of these as “storage shares” because they are tailored to see you into the cold months of winter. These shares are a delicious way to celebrate the late season harvest and offer a bountiful Thanksgiving feast from your local farm! Each CSA pick up averages about 35 pounds of produce, it is larger than a weekly summer share. Pick up on Saturdays: 11/9, 11/23 or 12/7

**Register for our "Bounty" CSA share:** a one-time pick up of winter favorites, including winter greens, cabbage, onions, leeks, carrots, turnips, sweet potatoes, and other storage crops. Pick 11/9, 11/23 or 12/7.

**Thanksgiving Share:** Celebrate the harvest and the holiday with a single pick up Saturday, 11/23. Organic fresh cranberries, brussels sprouts, butternut squash, sweet potatoes, carrots, leeks, onions, potatoes, garlic, spinach, parsnips, and celery. Pick up 30+ pounds of the freshest veggies & holiday favorites for your holiday feast! Veggies are curated for your holiday cooking needs and include organic produce from WFCF, Riverland Farm, Buckle Farm, and fresh organic cranberries from Old Earth Orchards in Taunton, MA.

\*This is the only share that includes cranberries & brussels sprouts!

JOIN US ON  
THE FARM  
POP UP MARKET!

LOCAL PROVISIONS &  
FABULOUS ARTISANS!

SATURDAY 11/23  
10 A.M. - 1:30 P.M.

## CSA Pop Up Market

Saturday November 23  
10am-1pm

Join us November 23rd from 10am-1pm for annual holiday pop up market. The event will feature local food artisans and craft vendors such as Mahalab Bakery, Papa's Catch Salmon, Prana Plants, and more!



## Save the Date: December 3 Flatbread

Join us for our annual American Flatbread Benefit Bake in Davis Square, Somerville on Giving Tuesday!

Kick off the holiday season with your family, office mates or friends, enjoy delish wood fired flatbread while supporting the food security and education programs at WFCF.

\$2 from every small flatbread & \$4 from every large



flatbread purchased between 4pm and 10pm will be donated to WFCF. This event is a home run, eat yummy food and support WFCF at the same time... you know we'll be there!

You can order **takeout on their homepage** OR order delivery and have your flatbread benefit bake arrive at your doorstep! **For delivery, please make sure you order through the link on the American Flatbread website, so that we receive your benefit!**

American Flatbread Somerville is located at 45 Day Street, Davis Square, Somerville. voted Best Bowling Alley 2023 by Boston Magazine's Best of Boston! We thank American Flatbread for their Benefit Bakes program and for supporting local organizations that have a positive, lasting impact in our communities!



## To all the Volunteers We Love

Drop in Fridays and Saturdays have ended for the season, but don't fret...we would really love extra help right now, Wednesdays and Thursdays through November. Come by at 9:30am, dress warmly, and help us harvest all the vegetables still growing in our fields! **Click here to sign up and learn more.**

Watch our Facebook or Instagram or email **[volunteer@communityfarms.org](mailto:volunteer@communityfarms.org)** to be put on the "special volunteer" list if you want to learn more about further volunteer needs we may have over the winter. What an incredible season we've had, thank you so much to the hundreds of folks who came by voluntarily to keep our vegetables alive and thriving!

We are also so thankful to the corporate groups that have been helping us put some of the farm fields to bed for the winter. (caption for photo: Third Rock Ventures employees pulling up tomato stakes ~ note our logo on their TRV Gives Back shirt!). We have been especially pleased to have a dozen visits from local National Grid volunteers over the course of the season. This help is invaluable in helping us keep on top of all the work of the farm, Thank You!

## Ride & Stride for Food 24: A Resounding Success



Our Team of 18 strong completed their Off the Beaten Path events and Rides and Strides for Food this month, raising over \$21,000 for WFCF's food access programs! We had such a good time at the ride and walk on October 6 that it was hard to get everyone in a single photo. :-)

Thank you to our wonderful team members, to Three Squares New England, and to our hundreds of generous donors. [Our team will be accepting donations through November 30](#); we'd love to raise more funds for worthy programs like Mobile Outreach Market. Captain Trish is already laying plans for 2025; feel free to send her a non-obligatory [email](#) about joining in next year's fun!

## THANK YOU LOCAL BUSINESS HEROES FARM DAY SPONSORS!



### Farm Day!

We can not thank our community partners enough for their participation in the Farm Day Community Stroll! From solar power and water filtration to pumpkin bowling and magnificent face painting, you help us keep the community in Waltham Fields Community Farm! We welcomed over 800 visitors (from as far away as France and Amsterdam!) and many by Tick Tock Trolley, thanks to the City of Waltham!

Our Sponsors truly pitched in with their essential support, keeping this community event FREE. We hope you'll check them out:

Symetra, Reynders McVeigh Capital Management, Watertown Savings Bank, Eastern Bank, VHB, Education First, Robin Doherty Real Estate Group, and the Waltham Cultural Council!

And our enduring appreciation to the Boston Area Gleaners, for their speedy delivery of local apples! Many of you pedal powered at the apple press to make the best fresh cider!



### Entertainment

High Strung Strummers  
Sarah Jane Nelson & Cathy Mason  
River Street Six  
Craig the Magnificent  
Amy The Great

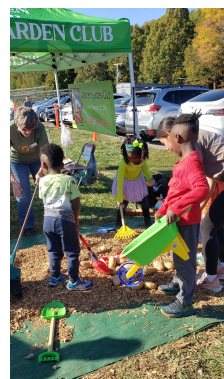
### Community Stroll Partners

EF Education First  
(Representing the Host Family Program)  
Energy Association  
EnergyTeachers.org Inc.  
with Boston Area Solar  
Healthy Waltham  
Mothers Out Front-Waltham  
Waltham Family School  
Waltham Garden Club  
Waltham Land Trust  
Opportunities for Inclusion  
VHB  
Wasted, Inc.  
Waltham Cub Scouts  
Waltham Girl Scouts

### Volunteers

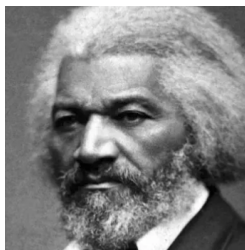
Edgar B. Herwick III  
Bentley University Alpha Phi  
Omega  
Brandeis University  
Symbiosis

**Our 40+ fabulous and creative community volunteers sweet bake sale bakers! This day was a success thanks to you!**



### Community Events

  
**FREE REPAIR EVENT**  
Saturday · Nov 16 · 11-3PM  
**Charles River Museum**  
If it is broken, we will try to fix it!  
Lamps · Appliances · Electronics · Jewelry  
Textiles · Dull Knives · Household Goods  
Furniture · Ceramics · Plastics · Galleries  
Computers · Heirlooms · Toys · Bicycles



No reservations required. Just show up!  
[walthamrc.org](http://walthamrc.org)



[Free Repair Event](#)

Charles River Museum of Industry  
November 16 | 11am - 3pm

[Waltham in the Time of Slavery & Frederick Douglass reading](#)

Waltham Museum  
November 16 | 1pm and 4pm

[Africano Waltham Holiday Drive](#)

at WFCF  
Throughout November

**Waltham Fields Community Farm**

240 Beaver Street, Waltham, MA 02452 (781) 899-2403

[www.communityfarms.org](http://www.communityfarms.org)

Mailing address

P.O. Box 540370 Waltham, MA 02454

[Andy Andrews](#), **Farm Manager**

[Stacey Daley](#), **Executive Director**

[Nadine Dyskant-Miller](#), **Assistant Farm Manager**

[Jessica Herwick](#), **Director of Education & Community Engagement**

**Engagement**

[Marla Rhodes](#), **Volunteer Coordinator**

[Amanda Smith](#), **Development Director**

[Ana Strayton](#), **Distribution & CSA Manager**

[Trish Wesley Umbrell](#), **Associate Director**

[Marina Vergara](#), **Community Outreach Farmer & Lead Educator**

**Assistant Growers** Susannah Hilfer, Rabar M'Salih

**Field Crew** Will Borchard, Eli Burger, Lily Gantchev, Abby Harrison, Robbie Harwood, Lisa Lambert, Traci McCubbin, Nina Waskiewicz

**Distribution Assistants** Victoria Huebner, Yukiko Sato

**Workshares** Matt Bogart, Joy Grimes, Leanne Knight, Lizzy McEleney, Kristen Sopko, Emily Scruggs, Laura Rancatore, Steven Sukewski, Naomi Shea, George Chan, Katie Bradford, Kunaal Doshi, Aki Yonekawa



local food for everyone

**Connect with WFCF**



Cummings Foundation  
**\$25 MILLION**  
GRANT PROGRAM

**2022**  
WINNER

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