



WFCF Farm Friends Newsletter April
2024

A benefit & celebration supporting
Waltham Fields Community Farm



SPROUT 2024



Silent Auction & Live Music
Delicious Food & Open Bar

**Friday, April 26
6:00 – 8:30 pm**

Lyman Estate
185 Lyman St, Waltham

Catering by BlackStrapBBQ
& LifeLoveCheese
Music by NephRok!



communityfarms.org/involved/sprout-24
Online auction begins on April 22nd

Proceeds support fresh food assistance and education.



Thank you to our top sponsors



Get Your Tickets for SPROUT

Sprout is just one month away!

Purchase Your Tickets

and join us at the **Lyman Estate** on Friday, April 26
to celebrate the start of our 30th growing season!

Fabulous local food will be prepared by
BlackStrapBBQ and **LifeLoveCheese**, and with
generous support from **Iggy's**, Kim and Rich at
Chestnut Farms, **Mighty Squirrel**, and many more
farm partners!



Raise your spirits and join NephRok! We can wait! Our menu will include gluten free, dairy free, vegan, and vegetarian options. Enjoy an open bar with wine, beer, n/a drinks, and a signature farm-fresh mocktail.

We are offering kosher for Passover meals, by request, from Andrew's Catering. Please reach out to ana@communityfarms.org if you or someone in your party would like to request a kosher meal for the evening, and no later than Tuesday April 16.



Our auction catalog is shaping up to be our best yet! Bid on a tour and tasting at Short Path Distillery, freshly baked bread for the rest of the year, gift cards to our favorite local restaurants, and so much more! **Online bidding opens on Monday April 22** and everyone can bid at home.

For any questions about the event, specific questions about what will be served, to donate an auction item, or to become a Sprout sponsor (our local business heroes!), email ana@communityfarms.org. See you there!

[Purchase Sprout Tickets Here!](#)

SATURDAY, MAY 11, 2024
9AM - 3PM
SATURDAY, MAY 18, 2024
9AM - 1PM

HERBS, FLOWERS & PLENTY OF VEGETABLE VARIETIES!

START PLANNING YOUR GARDENS!

WFCF ANNUAL SEEDLING SALE!

Seedling Sale

Check out our [full list](#) of 2024 plants. There are some exciting new additions! If you would like SUPPORT this annual community event, we need you!

Volunteer Shifts Sign Up for 5/11 and 5/18

Special volunteer shifts for teens age 16+ for community service hours Assistance available!

If you have needs you are comfortable disclosing with our team, please consider reaching out to us in advance so that we can accommodate and make our sale a more successful experience for you. Start the conversation by leaving a message on our main line at 781-899-2403 or by emailing ana@communityfarms.org.



Update from WFCF Executive Director

These are active days for our team and Board and as we enter our 30th season of farming at 240 Beaver Street! Please [link over to this page](#) for updates and shared awareness as we transition and grow.



Get Your Veggies As A CSA Work Share

Our Farm Stand team seeks individuals interested work-share positions to support our CSA Distributions this season. Our CSA work-shares are the face of the farm as they welcome the community to our farm for CSA pick up or Farm Stand shopping. This is a great position for someone looking for a one-day a week commitment in exchange for a **FULL VEGETABLE SHARE**.

We are a community of food lovers, so you're guaranteed engaging conversation every week about vegetables, recipes, and farming with our community and staff. Join the team! These positions require consistent lifting, fantastic customer service, and a positive attitude!

Full job description & hours

We'd love to hear from you email ana@communityfarms.org to apply.

CSA Shares at WFCF

Fresh Vegetables Fruit Mushrooms Flowers

Subsidized and SNAP Shares Available






June - October
 Wednesdays 2:30 - 6:30pm
 Thursdays 2:30 - 6:30pm
 Fridays 2:30 - 6:30pm
 Saturdays 9:30am - 2:30pm

Waltham Fields
 Community Farm
 240 Beaver St
 Waltham, MA 02452




communityfarms.org
email ana@communityfarms.org



Sign Up Today for a CSA Share

- 20 Week Summer CSA - \$850
- Subsidized 20-Week Summer Share - \$425
- SNAP 20-Week Summer Share - \$425
- 10-Week Summer Share - \$550
- 10-Week Mushroom Share (Early Season) - \$178
- 10-Week Mushroom Share (Late Season) - \$178
- 20-Week Mushroom Share (Full Season) - \$355
- 8-Week Fruit Share - \$108
- 10-Week Flower Share - \$115
- Extended Season Share - \$250

Subsidized, SNAP/HIP CSA shares available
 To register for SNAP and subsidized CSA shares, email ana@communityfarms.org!



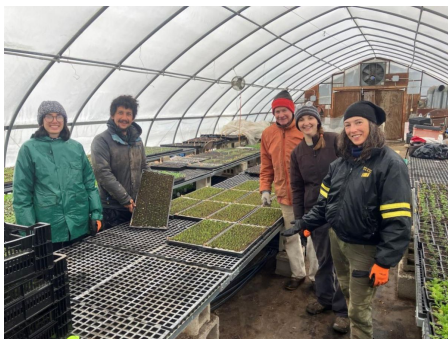
Treat Yourself to Fresh Mushroom Shares

Elizabeth Almeida, owner of Fat Moon Farms in nearby Westford, MA provides WFCF with weekly shares of her fabulously fresh, locally grown, certified-organic mushrooms. Shares weigh a pound, with varieties varying week to week. You'll explore the flavors, textures, and colors of Shiitake, Oyster (which are blue, brown, black pearl, and yellow!), King trumpets, Lions mane, Chestnut, and Pioppino. Mushroom shares pair

well with WFCF vegetables, make discerning gifts for cooks, or a great treat for yourself! We offer two 10-week shares for \$178 each: **early share runs June 15-August 15** and **late share runs August 21-October 23**. The **full 20-week share** runs June 5-October 23 and is \$355.

Farm Wish List

Wheel Barrows and Garden Way Carts
in good condition



Volunteer Opportunities

Help get our season rolling! Check the links for more information and to sign up

Got Thursday morning free?
Help out the farmers
on 4/4 or 4/11, stay for pizza!

Help plant seeds in trays in the greenhouse
First week in April we will be at LexFarm, stay tuned for future dates.

Seedling Sale in May
Help on a Saturday morning, 5/11 or 5/18
Special volunteer shifts for teens age 16+ for community service hours

Saturday Drop-In volunteer hours for individuals starts on May 25, drop in at 9 am, stay as late as noon.

Education Programs

Spring Registration is open
and programs begin soon!

April Vacation Week on the Farm
Monday 4/15 - Friday 4/19 9 am - 1 pm
Waltham Resident discount tickets available

After School on the Farm

Spring Vacation Week

On the Farm!

Monday April 15 - Friday April 19, 2024

9:00 a.m. - 1:00 p.m.

\$375.00 per participant.

Waltham Resident Discount \$319.00



Waltham Fields Community Farm
240 Beaver Street, Waltham MA 02452
www.communityfarms.org

1st - 8th grade youth
Wednesdays 3:30 - 5:00 pm

LITTLE SPROUTS 2024



Little Sprouts

pre-K (<5) Caregiver and Me program
Wednesdays 10- 11 am

Teen Leadership Corps

ages 13-17
Fridays 3:30 - 5:00 pm



Wild Edibles on the Farm Workshop

June 11 6-8 pm
\$35.00 per person
Led by wild edibles expert, Russ Cohen
This annual program with Russ will fill quickly;
please get your tickets early



Summer on the Farm

Weekly drop-off program
rising 1st - 8th grade learners
June 26-August 30

registration is now open



WFCF Community Engagement at Work

March 2024 | Waltham Public Schools Parent Awareness Conference

We saw many familiar faces, and made lots of new friends! WFCF Education Team members Helen Jermyn and Mary DiMaggio staffed our community organization table while Director of Education & Community Engagement Jessica Herwick presented the benefits of interacting with nature, gardens and farms on learning and wellness to families during the workshop break-out session. Thank you to the Waltham Public Schools for inviting us!

April 2024 | Wenham Museum

We will be sharing aspects of our farm as we all get ready to celebrate Earth Day! Please note advance registration with Wenham Museum is required to



attend these programs.

Composters and Worms
April 17 10:30 & 11:30 am

Chickens and Eggsplorations
April 18 10:30 & 11:30 am

Community Happenings



We're "Up on the Wall" This Month at Common Good Coffee Co. Coffee

We're grateful to have been chosen as one of this month's featured nonprofits receiving donations at **Common Good Co.'s Coffee Shop** at 419 Moody St. Our team has been operating out of Common Good's co-working office spaces for the past two months while wait for our on-site office

trailer at 240 Beaver St. We have been extremely well taken care of by Common Good's amazing team. Barista Allie even figured out how to pour the WFCF logo on top of a latte!



Watch City Steampunk Festival
May 11



Charles River Earth Day Clean Up
April 20
Waltham Land Trust



April Food Pantry
April 11 & 25
Healthy Waltham



Join our Team!

Development Director

If you have experience in nonprofit fundraising, a passion for our mission, and want to dig in and build strong relationships that lead to financial investment in our organization, we want to hear from you!

Development Director employment announcement [HERE](#)
Full job description [HERE](#)
Email jobs@Communityfarms.org to apply

Become a Member of WFCF

Spring is a perfect time become a member or renew! YOU are the "community" at this "community farm" and your support of our mission and programs as we enter

our 30th growing season is essential.

[Read our full benefits here](#)
[JOIN or renew](#)

Individual: Butternut Buddy \$35
Subsidized Butternut Buddy \$17.50
Household: Hot Potato \$50
Grower: Cool Bean \$100
Harvester: Top-Notch Tomato \$500
Steward: The Big Dill \$1000



Waltham Fields Community Farm

Operations address 240 Beaver Street, Waltham, MA 02452 | (781) 899-2403 | www.communityfarms.org

NEW Mailing address
P.O. Box 540370 Waltham, MA 02454

[Andy Andrews](#), **Farm Manager**
[Stacey Daley](#), **Executive Director**
[Nadine Dyskant-Miller](#), **Assistant Farm Manager**
[Jessica Herwick](#), **Director of Education & Community Engagement**
[Amanda Smith](#) **Supervisory Educator**
[Marla Rhodes](#), **Volunteer Coordinator**
[Ana Strayton](#), **Distribution Manager**
[Trish Wesley Umbrell](#), **Associate Director**



local food for everyone

Connect with WFCF



Waltham Fields Community Farm | 240 Beaver Street, Waltham, MA 02452 781-899-2403

[Unsubscribe walthamfields@communityfarms.org](mailto:walthamfields@communityfarms.org)

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