

Programs for ages 2-13

Little Sprouts: For toddlers ages 2-4 and caregivers. Multi-session programs in the spring and fall. This is a great introduction to nature and healthy eating for our youngest gardeners!

Farm After School: For elementary aged students, this program encourages healthy eating through experiential learning and hands-on gardening. 6 weeks of afterschool sessions in the spring & fall.



SUMMER ON THE FARM

Junior Garden Explorers: A 1/2 day week-long session at the farm for young gardeners, this can be a first-time summer program for younger children.

Garden & Farm Explorers: Week-long summer farm programs: Gardeners (grades K-3) and Farmers (grades 4-8) learn to grow veggies, cook delicious food, care for our chickens and learn about the natural world! Monday-Friday, 8:30-2pm, July & August.

Afternoons on the Farm: Garden & Farm Explorers can sign up for an extended day program in the summer, taking students inside for some reading, science exploration and snack preparation, Monday-Friday, 2-5pm, July & August.

Education at Waltham Fields Community Farm



"One day my son was coated in mud, including in his rain boots. That's a sign of a good day!"
- Parent of a Garden Explorer

Get down and dirty on the farm! Our Learning Garden Programs enable hands-on learning about natural ecosystems, crop production and the farm environment, nutrition and food choices, and group cooperation. Children participate in a range of activities such as planting vegetables, exploring the compost pile, observing wildlife, playing games, and cooking. We focus on Farm-to-Table programming, providing opportunities for participants to make and try healthful, farm fresh snacks in our outdoor solar kitchen.

We also offer Field Trips for school groups, camps and clubs, as well as birthdays on the farm!

For more information, contact our Education Programs & Community Outreach Manager at: Alex@communityfarms.org 781-899-2403 x2



Programs for Teens

Our teen programs give teens a great first employment experience, while also coaching them on how to apply their skills to the greater community. These programs function as building blocks; each tier furthering the learning and work experience from the level before.

4-Season Garden Corps For rising 8th-12th Graders During this 4-season series, Garden Corps will be caring for and feeding WFCF's chickens, as well as learning how to farm vegetables, maintain crops and cook our harvest. Garden Corps may fulfill your school's volunteer or community service requirements, and program participants are encouraged to apply for summer

Summer Field Corps For ages 14 and up We're seeking students from a diversity of socioeconomic and cultural backgrounds for Field Corps. Members will learn about a variety of food and farming issues, while gaining valuable work experience and developing teamwork skills. This position is a hybrid work/educational experience and is paid via stipend upon successful completion of the season. Mon-Fri, 9am-12pm July & August



3 Season Farm Corps For ages 16-18, applicants considered upon completion of Summer Field Corps

For our most dedicated teen farmers, this position is three-season, with Corps members assisting our educators in the Learning Garden programs and distributing produce at the Outreach Market, WFCF's market for low-income families. Mon-Fri, July & August.